

# Lesson 09

## Jains eat only vegetarian food



We are vegetarians.



We eat only vegetarian food.



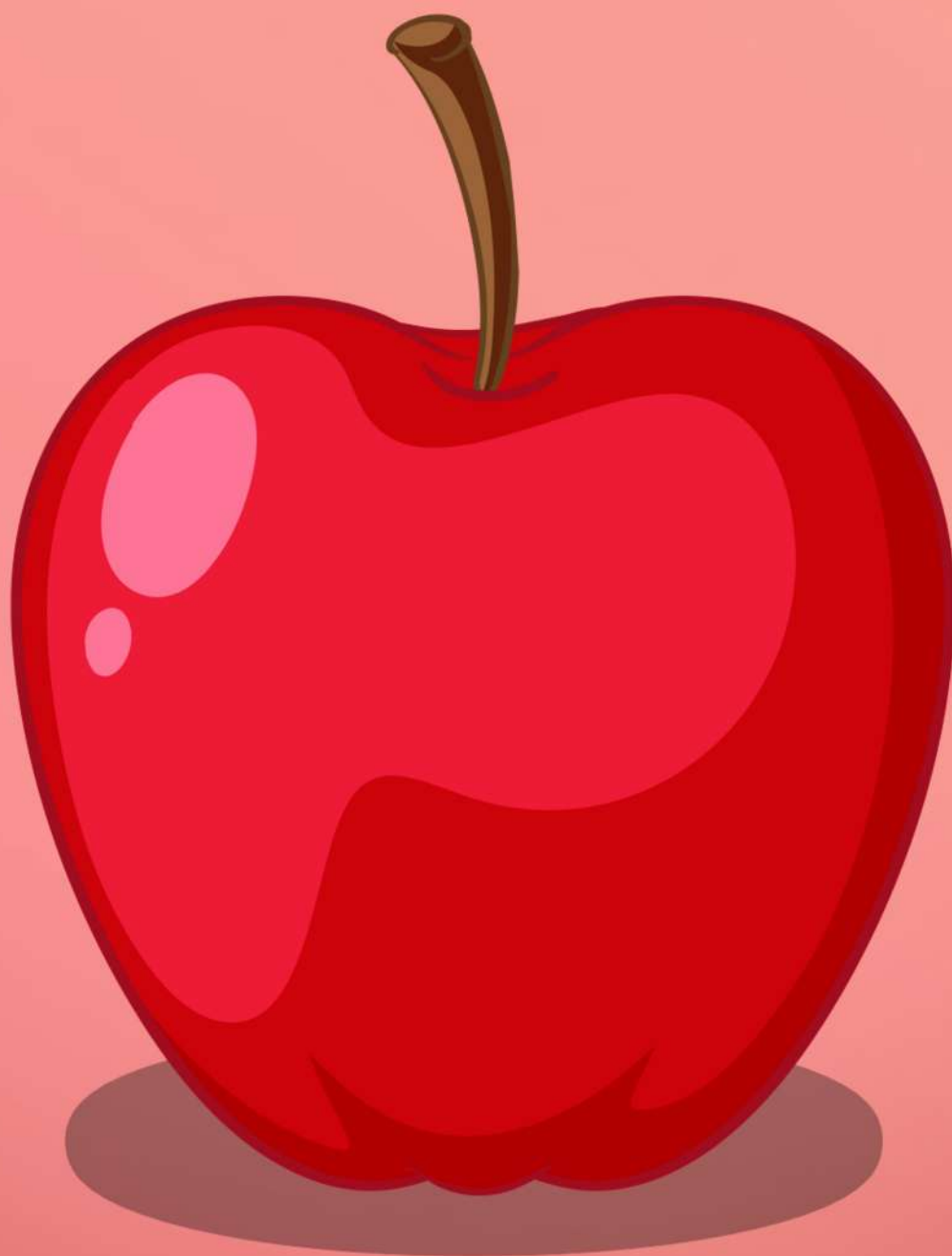
Here are the vegetables  
and fruits we eat.



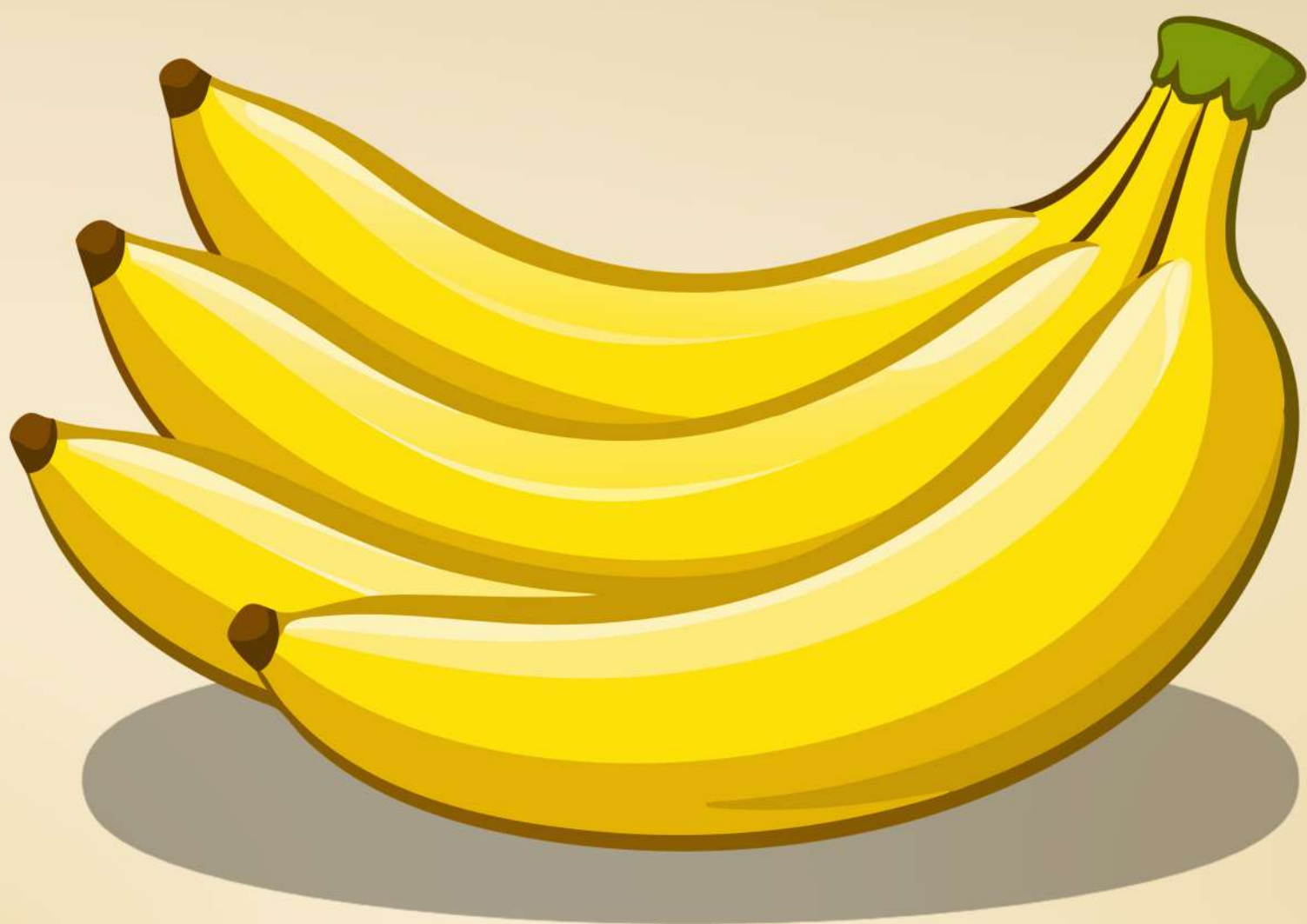
Cabbage,



Apples,



Bananas,



Grapes,



Strawberries,



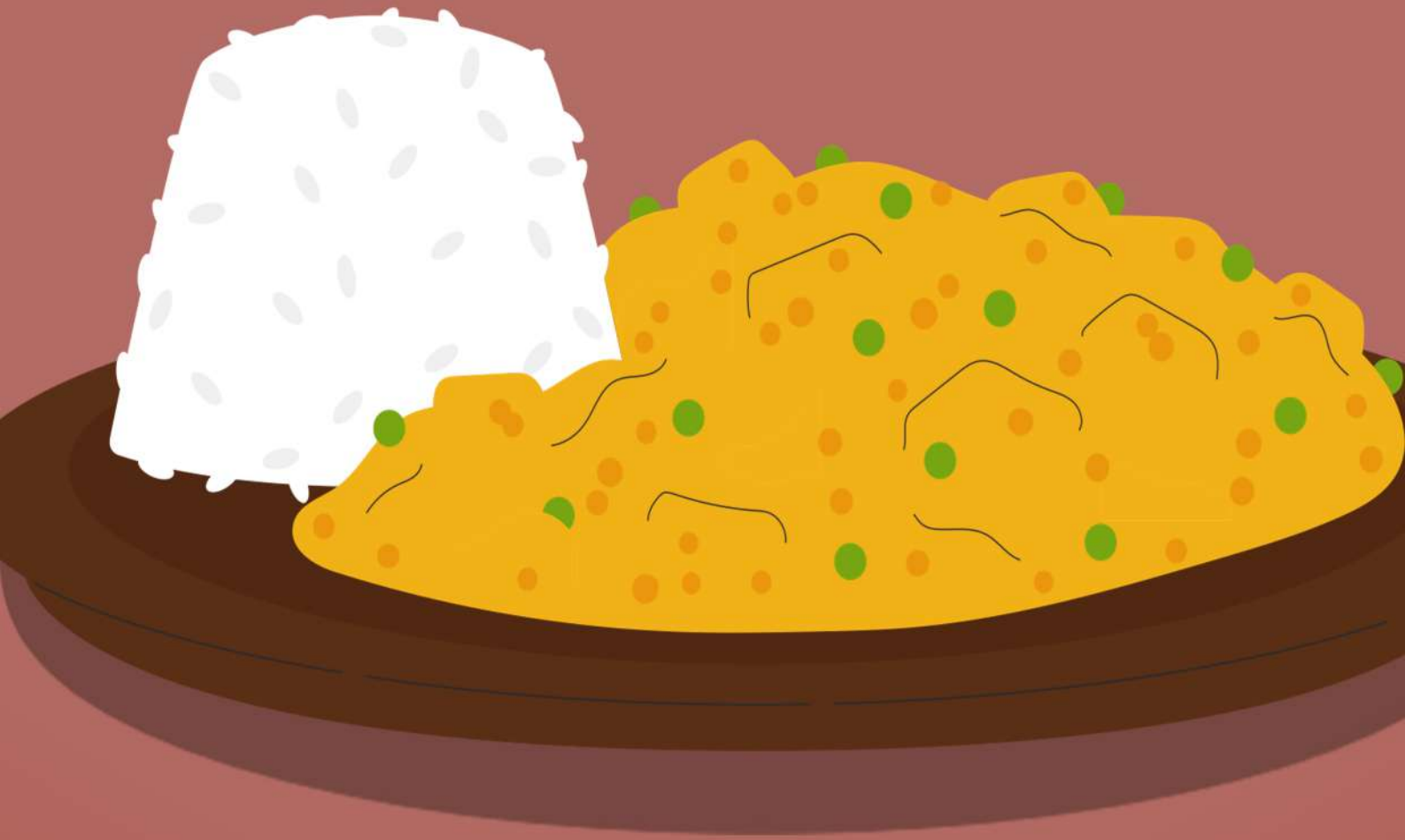
Beans,



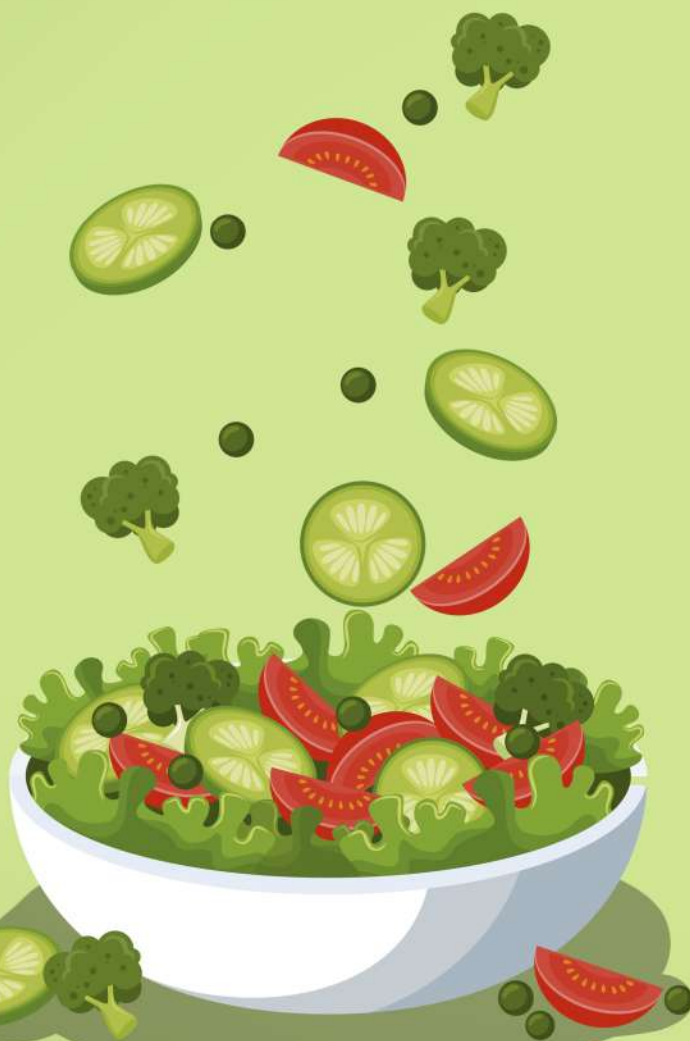
Chapatis,



# Rice, Dal



# Salads,



Tomato,



Oranges,



I love vegetarian food,



Being vegetarian is really  
good!



Lunch Time  
Ravi and Seema are eating  
lunch.



Take a look at the  
vegetables they are eating.  
The vegetables we eat.



They are eating beans,  
pumpkin and tomatoes.



And yes, they are going to eat an egg less cake after lunch. Yummy!

